

**Four Man Mechanics**

<b><u>Situation</u></b>	<b><u>R</u></b>	<b><u>U</u></b>	<b><u>HL</u></b>	<b><u>LJ</u></b>
<b>Concentration Routine</b>	Clock Status (running/stopped) What is Down & Distance Count 11 Players Watch RB & QB for false start	Clock Status (running/stopped) What is Down & Distance Count 11 Players Watch for snap infraction	Clock Status (running/stopped) What is Down & Distance Count 11 Players Identify keys (Legal Formation?/ who's eligible?)	Clock Status (running/stopped) What is Down & Distance Count 11 Players Identify keys (Legal Formation?/ who's eligible?)
<b>Pre-game</b>	Visit with head coaches re: Introduce crew; properly and legally equipped; Captains?; Rules Points of emphasis (helmet contact); Medical person?; Chain Crew?; 15 min half +3; unusual plays, formations?; Coin toss at 4 til.	Accompany referee visiting coaches Rule on legal/illegal player equipment	Check line to gain equipment and meet with chain crew. Find out who is the ball boy Find out who is the get-back coach	Find out who is the ball boy & secure kicking balls for Head Linesman Find out who is the get-back coach Meet with clock Operator and discuss signals and 12 minute timeout + 3 minute warm up period Secure kicking balls for Head Linesman
<b>Coin Toss</b>	Bring in captains from LJ side. Facing clock	Bring in captain from HL side	HL side - Stop at hash marks on 50 yd line; Bring in your team's kicking balls from your sideline	L J side - Stop at hash marks on 50 yd line; Bring in your team's kicking balls from your sideline
<b>Kick-off (all officials count 11 before raising arm)</b>	R 5 yard line just outside hash marks on LJ side; verify 4 players on each side of kicker; Watch for fair catch signal; Cover ball/carrier to R30; Mark OOB spot with flag if untouched by R; watch for momentum exception	At Receiving team's 20 yard line (chain crew side); Watch for fair catch signal; Watching for illegal play, cover runback on your side of the field; Mark OOB spot with flag if untouched by R	Instruct Kicking Team about formation rule; Hand ball to K - Position at K 40 (chain crew side). Watch for K offside, kick punched into ground, watch for blocks on Kicker; After kick, run onto the field toward center of field and cover 15 yards downfield; You have goal line on long run backs	50 Yard line (opposite chain crew) Have bean bag in hand ready to mark first touching by K; When ball passes expanded neutral zone, cover 15 yds downfield watching for illegal blocking; Watch for fair catch signal; (If ball is kicked into the ground and R gives a fair catch signal, the receiver is protected, but it is an invalid fair catch signal: previous spot foul)

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<b>scrimmage/ Run plays</b>	12 yards deep; throwing side of QB; count players and give closed fist signal; you have 25 second clock; watching opposite tackle & backfield; trail runner keeping players in field of vision; stay with quarterback until play is over.	Spot ball and stay over until R gives ready for play signal; Face Referee before ready for play signal; Double check all officials have correct down; Position 5-7 yards off ball between guards; Count players and give closed fist signal; If run is between hash marks, you are covering official	Double check box for correct down; One yard off sideline; Signal on or off for player closest to you; Watch for false start and encroachment; Make sure A has at least 7 players on the line (tap flag if not); Cover man in motion going away from you for illegal motion. This man continues to be your responsibility, even though he changes direction. (Does not relieve opposite official from making obvious call); Key on tackle to read run or pass; Mark forward progress with one foot slightly in front of the other; Back out to mirror forward progress spot; On runs out of bounds, mark spot and continue watching action out of bounds; for plays that end close to the inbounds mark, give wind clock signal (then stop clock if first down).	One yard off sideline; Signal on or off for player closest to you; Watch for false start and encroachment; Make sure A has at least 7 players on the line (tap flag if not); Cover man in motion going away from you for illegal motion. This man continues to be your responsibility, even though he changes direction. (Does not relieve opposite official from making obvious call); Key on tackle to read run or pass; Mark forward progress with one foot slightly in front of thte other; Back out to mirror forward progress spot; Stop the clock when you see A has made a 1st down; On runs out of bounds, mark spot and continue watching action out of bounds; for plays that end close to the inbounds mark, give wind clock signal (then stop clock if first down).
<b>Pass plays</b>	Stay with QB at all times; If pass, back up diagonally from QB, keeping 7-10 yard cushion; Rule on roughing passer, Illegal forward pass; intentional grounding	Move toward line at snap; Help on illegal forward pass, QB beyond line when throwing; Watch for ineligible downfield receivers; Be alert for first touching; Spin to help cover short passes over the middle.	Prepare to rule on forward or backward pass if thrown to your side (when in doubt, incomplete); Key on wide receiver; Read play and if pass glide downfield 5-7 yards; Rule on OPI & DPI	Prepare to rule on forward or backward pass if thrown to your side (when in doubt, incomplete); Key on wide receiver; Read play and if pass glide downfield 5-7 yards; Rule on OPI & DPI
<b>Goal Line</b>	Same as scrimmage play	Same as scrimmage play; Devise signal to give to flanks on ball in/out of end zone on up-the-middle plays	Give bean bag to "box guy" to mark line of scrimmage in case he needs to drop box on sideline play; If within 10 yards; slowly release to goal line, staying ahead of runner; If within 5 yard line, immediately release to goal line; Do not signal touchdown unless you are positive	If within 10 yards; slowly release to goal line, staying ahead of runner; If within 5 yard line, immediately release to goal line; Do not signal touchdown unless you are positive

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<b>Reverse goal line</b>	Heels on end line, keeping all play in front of you	Same as scrimmage play	If within 3 yards from goal, release to goal line at snap and move to forward progress	If within 3 yards from goal, release to goal line at snap and move to forward progress
<b>Punt</b>	Position 3-5 yards outside tackle and 2-3 yards behind kicker on LJ side; Rule on running into/roughing kicker; Be ready to cover action on blocked kick; If out of bounds, work with wing officials to mark OOB spot; Coverage to goal line if runback is to goal line	Observe line play and watch for roughing the snapper; Be alert for fake; Turn and observe downfield play and blocking;	Stay on the line until ball has crossed neutral zone and you are sure it won't bounce back; Move downfield after ball crosses line and watch for blocks in front of receivers; If ball goes out of bounds, be ready to mark spot working with referee. Also, watch for fair catch signal & illegal blocking by signaler	On LJ side , Position 7 to 10 yards in front of deepest receiver and in position to cover sideline; Watch for fair catch signal; Have two bean bags of different colors (one for marking possession or first touching or momentum exception and one for possible fumble; If ball goes out of bounds, be ready to mark spot working with referee; Also, watch for fair catch signal & illegal blocking by signaler; Pivot around receiver - if he goes right, go left.
<b>FG or PAT</b>	Line up 1 yard behind and 2-3 yards to the side of kicker, facing holder; Be prepared for fake kick and run; Be prepared to rule on score/no score after indication from Line Judge; Sound whistle when FG crosses goal line; Sound whistle when kicked on PAT; On FG when ball is beyond 15 yard line, you have kicker/holder;	Line up over center, about 5 yards behind B's line; Be ready to rule on roughing the snapper	Stay on line of scrimmage; Rule on roughing/running into the kicker/holder on kicks less than 15 yards; On kicks when ball is snapped outside the 15, stay on line and move downfield when ball crosses line	On kicks less than 15 yards, stay on line & hustle to goal posts at kick to rule over/under & good/no good. On 15+ yard kicks, go under goal posts

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<b>Measuring</b>	Covering official hold spot of forward progress; Work together to get ball to covering official; Determine and rule if line to gain has been made	Covering official hold spot of forward progress; Work together to get ball to covering official; Take forward stake from chain crew and pull tight after HL says "ready"	Covering official hold spot of forward progress; Work together to get ball to covering official; secure clip at back edge of yard line closest to back stake; Grab clip and chain and jog onto field;	Covering official hold spot of forward progress; Work together to get ball to covering official; Help align linesman so measurement is accurate by making sure chains are lined up parallel to the sidelines